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| Name:  | Name | Membership No: | Membership no. | CPD year: | CPD year |

| Section A: Looking back … |
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| Date | Activity | Input – number of CPD hours | Output – reflections on what has been learned and how it will be used in the workplace | Evidence Reference |
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If you wish to add more activities, start another record card and indicate this in the CPD year box, e.g. 2021 (part 2)

| Section B: Looking forward … |
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| **Next steps for further CPD –** thinking about your job and career development, briefly explain what other learning and development is required. This should form the base for the next phase of your CPD and lifelong learning plan.  |
| Click here to enter text. |